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## BENEFITS OFFICE

**email:**[benefits@lanl.gov](mailto:benefits@lanl.gov)**phone:** 505-667-1806

1-877-667-1806

**fax:** 505-665-2156**address:** TA-3,  
Otowi Building 261,  
2nd Floor,  
Mail Stop P280**hours:** 8am - 5pm

Tues. 10am - 5pm

## BCBSNM CONTACTS

[On-Site Advocate](#)[BCBSNM website](#)**email:** [Customer Service](#)**phone:** 1-877-878-5265

## UHC CONTACTS

[UHC website](#)**phone:** 1-800-603-3816[Benefits](#) » [Health Insurance](#) » [Vision Insurance](#)

## Your Vision Insurance Plan

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### About Your Vision Insurance Plan

Regular eye exams and good vision are important. To enable you and your family to get the care you need, LANL offers a comprehensive vision care benefit provided by Vision Service Plan (VSP).

### Eligibility and Enrollment

You are eligible for vision coverage if you qualify for Full Benefits. When you qualify, your family members who meet eligibility requirements may include your legal spouse or domestic partner, child, grandchild, adult disabled child, and legal ward.

LANS and/or VSP may request that you provide documentation (marriage or birth certificates, adoption papers, tax records, etc.) to verify eligibility.

You may enroll yourself or an eligible family member in vision coverage during Open Enrollment, which is held at the Lab each November, with coverage effective January 1st of the following year.

### Newly-hired employee

If you are newly hired, you have a period of initial eligibility (PIE) during which you may enroll yourself and your eligible family members. Your PIE starts the day you become eligible (i.e., your date of hire) and ends approximately 31 days later.

**To enroll**, submit a completed [insurance enrollment form](#) (pdf) to the Lab's Benefits Office within 31 days of your PIE.

If you missed your PIE, you can still enroll in vision coverage during Open Enrollment, which is usually held in November for coverage effective January 1st of the following year.

If you are a new employee, there is a chance that VSP may not yet have you in their system. If your provider informs you that you are not eligible, contact the Lab's Benefits Office at 505-667-1806 or email [benefits@lanl.gov](mailto:benefits@lanl.gov) to verify eligibility.

### Newly-eligible current employee

You may become eligible for LANS-sponsored benefits if you

  
[2010 Plan Premiums](#)[Medical Plans Comparison Chart \(pdf\)](#)[National EPO](#)[National PPO](#)[National Consumer-Directed Health Plan \(CDHP\)](#)[Dental](#)[Vision](#)[Behavioral Health](#)[Prescription Drugs](#)[Definitions and Terms](#)[SSP Benefits](#)[new The Patient Protection and Affordable Care Act](#)[Additional Notifications](#)**RESOURCES**[Benefits Forms](#)[Benefits Program Summaries](#)[Fidelity Investments](#)[UC's Policies and Resources](#)

